

# A Young Professional Coaching Circle for 20-Somethings Led by Richard Nash, PCC, CPCC

The first few years after college are often marketed as a sprint, but they are in fact a marathon of trial and error. This weekly coaching group is designed for 20-somethings in NYC who want to navigate their professional lives with more intention and less anxiety.

## Our Focus

### Navigating the Present Tense

Practical strategies for managing bosses, setting boundaries, and surviving your first big NYC "work-life" hurdles.

### Action-Oriented Reflection

We don't just talk about problems; we strategize how to handle them on Monday morning.

### The Power of Range

Moving away from the pressure of specializing early and instead learning how to use your unique interests as a competitive advantage.

### A Real Peer Network

No networking events, no "elevator pitches." Just 8 people in a room being honest about the work.

## Who is it for?

We bring together a mix of people: those climbing the ladder, those stuck on a rung that feels wrong, and those still searching for the right wall to lean it against. Groups max out at 8 people to ensure a meaningful exchange.



Richard Nash's career has spanned four distinct acts: a decade directing theater in downtown Manhattan, nearly twenty years in book publishing working with Pulitzer Prize-winning authors, a deep dive into tech start-ups and consulting for Fortune 500 companies, and now coaching. He has coached early-career professionals up to C-suite leaders in industries from finance to fashion and software to healthcare. His clients have been government and NGO leaders, as well as artists, writers, and designers. He brings decades of pattern recognition, pragmatism, and a deep belief that your unique, non-linear experiences are your greatest professional assets. He doesn't just coach for immediate performance, but for the person you are becoming. His role is to listen, challenge, and help you find your true voice in a city that often tries to give you one of its own.

## The Details

Location: Union Square/Flatiron | When: Late February on a weekday  
6:30pm-8PM | Cost \$400 Monthly | To sign up, contact [rnash@rnash.com](mailto:rnash@rnash.com).  
\* An initial 8-week commitment is required.